

Who has had an operation?

Time and date

Location

Post Operative care for adults

Coming into hospital for planned surgery is an anxious time for many people. Even if this is surgery they have been waiting for for a really long time.

Discuss in your tables and make a list:

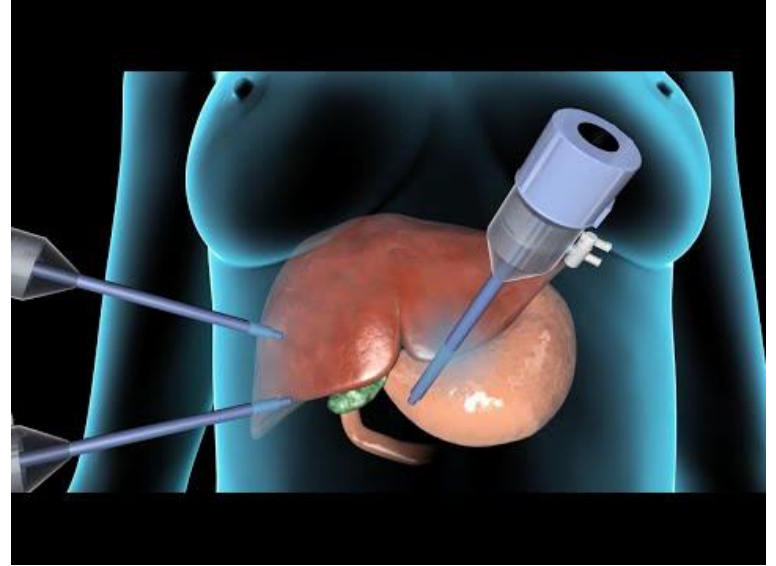
What might a patient feel anxious about?

And how might you, as a nurse, reassure them?

Post Operative care for adults

The patients you will be caring for today have come in for surgery.

They have all been booked in for a routine Gall Bladder Removal.



Post Operative care for adults

The Enhanced Recovery Programme



Prepping your patient

What will you need to do to ensure your patient is comfortable and prepped for surgery-

- Surgical Gown
- Baseline Observations
- Reassurance



In the recovery room

- Pain?
- Oxygen?
- Sickness?
- Observations?
- Nutrition?



Discharge

Before you leave hospital, you'll be given advice about how to care for your wound, any equipment you may require, such as dressings, bandages, crutches and splints, and maybe painkillers.

Each hospital will have its own policy and arrangements for sending patients home (discharge).

Your discharge will be affected by:

- how quickly your health improves while you're in hospital
- what support you'll need after you return home

(NHS Website)

What advice might you give your patient on discharge?

The Post-Operative sheets you been given give you some idea of information you might want to give out.

Can you now create one specific to Gallbladder removal?

PRODUCED BY



Havant and South Downs College
has produced this resource on
behalf of the Education and
Training Foundation

FUNDED BY



This programme is funded by
the Department for Education

ET-FOUNDATION.CO.UK